


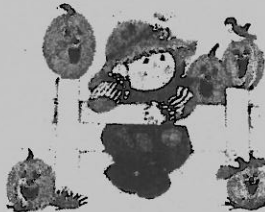


Twin Falls School District October 2017 Xavier Charter Lunch Menu

Mon	Tue	Wed	Thu	Fri
1 Chicken Alfredo Black Bean Salad Baby Carrots Fresh Grapes/Garlic Bread *Grab & Go Low Fat Milk	3 Taco Tuesday! Spanish Rice/Salsa Sweet Corn Peaches *Fresh Express Soup & Salad Low Fat Milk	4 Orange Chicken Fried Rice/ Bread Sticks Steamed Broccoli & Ginger Mandarin Oranges *Build your own Potato Bar Low Fat Milk	5 <i>This Institution is an Equal Opportunity Provider.</i> No School	6 No School 
7 Turkey Wrap Baby Carrots California Vegetables Mixed Fruit Cocktail *Grab & Go Low Fat Milk	10 Cheese Burger Deluxe Lettuce/Tomato Oven Baked Tater Tots Pork & Beans/Pears *Fresh Express Soup & Salad Low Fat Milk	11 Chef's Choice Salad Bread Sticks Cottage Cheese Watermelon/Cookie *Build your own Potato Bar Low Fat Milk	12 Big Daddy Pizza Garden Salad Fresh Broccoli Florets Chilled Diced Peaches *Build your own _____ Low Fat Milk	13 BBQ pork Sandwich Seasoned Potato Wedges Steamed Carrots Pineapple Tidbits Fresh Express Taco Bar Low Fat Milk
NATIONAL SCHOOL LUNCH WEEK				
6 Chicken Nuggets Crispy Potato Wedges Steamed Peas & Carrots Mixed Fruit *Grab & Go Low Fat Milk	17 Juicy Roasted Chicken Scalloped Potatoes Whole Wheat Roll Carrot/Celery Pineapple Tidbits *Fresh Express Soup & Salad Low Fat Milk	18 Extreme Bean Burrito Lettuce/Tomato/Salsa Refried Beans Sweet Yellow Corn Fresh Orange Wedges *Build your own Potato Bar Low Fat Milk	19 Tater Tot Casserole Green Beans Diced Peas Whole Wheat Roll *Build your own _____ Low Fat Milk	20 Chicken Strips Fries/Country Gravy Romaine Salad Chilled Peaches *Build your own Burger Low Fat Milk
3 Corn Dog Crispy Tater Tots Baby Carrots Pears/Cookie *Grab & Go Low Fat Milk	24 Turkey Panini Sand. Fresh Cucumber slices Roasted Baby Bakers Applesauce *Fresh Express Soup & Salad Low Fat Milk	25 Waffelicious Wednesday Sausage Pattie/Syrup Hash Browns/Pepper Sticks Mandarin Oranges *Build your own Potato Bar Low Fat Milk	26 Chicken Sandwich Lettuce/Tomato Seasoned Potato Wedges Pork & Beans/Pears *Build your own _____ Low Fat Milk	27 Italian Spaghetti Confetti Salad Seasoned Green Beans Peaches *Fresh Express Taco Bar Low Fat Milk
0 Grilled Cheese Sandwich Vegetable Soup/Crackers Carrot Sticks/Ranch dip Mixed Fruit Cocktail *Grab & Go Low Fat Milk	31 Halloween Traveling Taco Romaine Salad Corn/Pears Cinnamon Roll *Fresh Express Soup & Salad			Qualify for Free or Reduced Priced Meals! A New Application Must Be Completed Every Year!



Twin Falls School District October 2017 Xavier Charter Breakfast Menu

Mon	Tue	Wed	Thu	Fri
<p>2 Choice of Cereal Diced Chilled Pears Whole Wheat Toast/Jelly 100% Fruit Juice Low Fat Milk</p>	<p>3 Ranch & Egg Roll Up Applesauce 100% Fruit Juice Low Fat Milk</p>	<p>4 Fruit & Yogurt Bar French Toast Sticks Granola Low Fat Milk</p>	<p>5 <i>This Institution is an Equal Opportunity Provider.</i> No School</p>	<p>6 No School</p>
<p>9 Old Fashioned Maple Oatmeal Fresh Banana Muffin Low Fat Milk</p>	<p>10 Breakfast Burrito/Salsa Whole Wheat Toast Fresh Grapes 100% Fruit Juice Low Fat Milk</p>	<p>11 Breakfast Sandwich Bacon, Egg, Spinach Mixed Fruit Cocktail 100% Fruit Juice Low Fat Milk</p>	<p>12 Choice of Cereal Whole Wheat Toast/Jelly Pears 100% Fruit Juice Low Fat Milk</p>	<p>13 Breakfast Boat Egg & Potato Banana Whole Wheat Toast Low Fat Milk</p>
<p>16 Choice of Cereal Whole Wheat Toast/Jelly Fresh Crispy Apple Slices 100% Fruit Juice Low Fat Milk</p>	<p>17 Pancake on a Stick Graham Crackers Sliced Peaches Low Fat Milk</p>	<p>18 French Toast Bites Raisins Fresh Nectarine 100% Fruit Juice Low Fat Milk</p>	<p>19 Mini Pancakes String Cheese Peaches 100% Fruit Juice Low Fat Milk</p>	<p>20 Choice of Cereal Whole Wheat Toast Diced Pears 100% Fruit Juice Low Fat Milk</p>
<p>23 Choice of Cereal Graham Crackers Diced Peaches 100% Fruit Juice Low Fat Milk</p>	<p>24 Biscuits & Gravy Fresh Strawberries Pineapple 100% Fruit Juice Low Fat Milk</p>	<p>25 Yogurt Cups Chex Mix Banana Low Fat Milk</p>	<p>26 Egg & Cheese Sandwich Chilled Pears 100% Fruit Juice Low Fat Milk</p>	<p>27 Choice of Cereal Cinnamon Breadstick Fresh Orange Smiles Low Fat Milk</p>
<p>30 Choice of Cereal Bagel & Cream cheese Mandarin Oranges 100% Fruit Juice Low Fat Milk</p>	<p>31 French Toast Sticks Hard Boiled Egg Graham Crackers Applesauce Low Fat Milk</p>			<p>Qualify for Free or Reduced Priced Meals! A New Application Must Be Completed Every Year!</p>